



Zone 4

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CANA Zone IV Newsletter



CANA Zone IV Publication



All Africa Games in Maputo, Mozambique, 3 September 2011, just 70 days away.



CANA Zone 3 & 4 Swimming Championships sees a date change now set for 25 - 28 April 2012

Zone 4 President's Message

The Zone IV region of CANA has seen considerable growth over the last few years. The introduction of the regional championships in 2003 has grown from a mere 4 countries to the current 12 participating at the event. The growth of this competition laid the basis for the establishment of a formal structure to provide further direction within the Zone to ensure that we become the most active Zone on the African continent and continue to produce world class athletes.

Our Zone faces numerous challenges in growing our sport. Lack of facilities and limited financial support from Government or Corporate sponsors creates huge obstacles in growing our sport. Yet swimming has been one of the most consistent medal winners at all major sporting events for our region over the years.

We can indeed be proud of our world class athletes who hail from our Zone. Yet we need to do more as the administrators of the sport to ensure that the talent that exists within our region is harnessed and developed to it's full potential.

The CANA Zone 4 General Assembly approved a strategy to ensure that our vision becomes a reality. Amongst the objectives to achieve this vision are the strengthening of our Zone 4 Championships and the selection of a Zone 4 Team at the end of each event.

A critical challenge we face is that of establishing the CANA Zone 4 brand so that we will be able to attract the necessary financial support to grow our support.

I am certain that the Bureau that has been elected and the strategy that we have put in place will begin to yield the results that we all desire in the years to come.

Jace Naidoo

President CANA Zone 4

Editor's Note

As elite sport continues to grow sometimes we lose sight of what we can really achieve by focusing closer to home. Major international competitions are always high up on our list of goals and where we as either swimmers or federations may aspire to be. But when we look closer to home there is far more that we can achieve and be recognized for in terms of smaller competitions, be it local or regional, or simply what we do within our communities, be it a helping hand for a charity or a full on learn to swim programme.

This first edition of the Zone IV letter I believe is a big leap to each of the smaller steps we can all make on our road to the top, so to speak. You'll see when reading this edition that Zone IV is very much focused on what it can do for itself to improve, grow and sustain swimming within its member countries and the region. It is hugely promising to see our countries driving forward to a common goal and can only result in great things.

Matthew Gibson

"Being your best is not so much about overcoming the barriers other people place in front of you as it is about overcoming the barriers we place in front of ourselves. It has nothing to do with how many times you win or lose. It has no relation to where you finish in a race or whether you break world records. But it does have everything to do with having the vision to dream, the courage to recover from adversity and the determination never to be shifted from your goals." **Kieren Perkins**



Swimmers at the 2011 CANA Zone 3 & 4 Swimming Championships, held in Botswana - Edward Phale

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	G	S	B	Points
BOT	14	15	15	2373.5
ZIM	9	22	14	2295.5
MAU	44	26	22	2060.5
ZAM	12	9	12	2010
RSA	22	20	18	1956
MAL	3	9	15	1502
KAN	9	12	14	1346
MOZ	4	3	7	680.5
NAM	0	1	0	514
UGA	4	4	2	316
ANG	0	0	3	110

Botswana Zone 3 & 4 Swimming Champs - A Success!



The 2011 edition of this event was one of our most successful as a Zone to date.

11 countries and 258 swimmers took to the University of Botswana Swimming Pool this January for the 8th installment of this event.

Botswana, the host nation, managed to walk away with the 2011 CANA Zone 3 & 4 Championships title. An extremely proud country

was elated at their team's achievement and the progress that swimming seems to have made within its country. Zimbabwe and Mauritius were also among the trophy winners, walking away with second and third for the meet respectively, as well as many of the meets medals.

The success of the meet is indicative of the raised standard of competition within the region in terms of both organization and swimming standard. This was shown through the number of championship records broken for the meet totaling 37 in all, 35 individual and 2 relay.

The 2012 edition of this meet sees the championships being hosted in Mozambique.



“High up on the agenda was financial sustainability, strengthening capacity and the development of infrastructure within the zone.”

CANA Zone 4 Bureau Meets

The CANA Zone IV Bureau was elected at the inaugural congress in Johannesburg in 2010.

Following the successful hosting of the regional competitions since 2003, the member countries decided to formalize the structures within the Zone IV so that aquatics could be further developed.

The Presidents of 10 member countries attended the meeting. Sam Ramsamy the Secretary General of CANA congratulated the Zone members for their energetic efforts to grow swimming within the region and offered his support for the future endeavors of the Zone.

The Inaugural meeting approved the CANA Zone 4 constitution, a strategy for the development of the sport and elected a Zone 4 Bureau to lead the region until 2014.

In May this year the bureau met again to discuss swimming and aquatics within the region. The forum reported back on the regions events as well as plan for upcoming aquatic events. High up on the agenda was financial sustainability, strengthening capacity and the development of infrastructure within the zone.

The Zone noted that it aims to become a major player within FINA's world arena of aquatics and



will review its strategic plan over the weekend, as well as put into place committees to look at media and marketing of the zone and its major competition, the CANA Zone 3 & 4 Swimming Championships, and the technical aspect of swimming within the member countries.

This was the second time that the bureau met since its inception in April 2010, and does show promise to the way forward for swimming and aquatics within CANA Zone 4.

CANA Zone 4 Bureau:

President:

Jace Naidoo (RSA)

Vice Presidents:

- Doreen Tiborcz (MAU)
- Neil Bradshaw (ZIM)
- James Kamyuka (BOT)

Hon. Secretary and Treasurer:

Shaun Adriaanse (RSA)

Additional Members:

- Thesele Maseribane (LES)
- Matthew Gibson (BOT)
- Paula Cloete (NAM)
- Cobus Louw (SWZ)
- Gilberto Mendes (MOZ)
- Dean Pinto (MAL)
- N. Sothylingam (ZAM)

SCSA Zone VI - Swaziland

Despite numerous challenges Swaziland played host to SCSA Zone VI Youth Games in December 2010. Swimming was included on the programme for only the second time after making a successful appearance at the 2008 event in South Africa.

9 countries from across Southern Africa - the CANA Zone IV region participated in the event which was fully funded by the governments of the participating countries.

115 swimmers participated in 4 days of competition with South Africa as the eventual winners for the swimming installment of these games with 57 medals in total.

Although many countries did not make it onto the medal table it is

encouraging to see the inclusion of swimming at Zone VI level, and will undoubtedly only continue to grow in terms of numbers and standards.

Final medal table stood as follows:

	G	S	B
RSA	30	22	5
ZIM	2	8	15
MOZ	0	1	6
NAM	0	1	5
SWZ	0	0	1
BOT	0	0	0
ANG	0	0	0
LES	0	0	0
ZAM	0	0	0



The official Swaziland, 2010 Zone VI Games Logo

The next Zone VI Games takes place in Zambia in 2012.

All Africa Games World Class Swimming Facility for Maputo

Mozambique gets ready to host the next All Africa Games in Maputo in September 2011.

Swimming will again be one of the prime events of the Games. To ensure that it is a success the Mozambique Government and the Swimming Federation are pulling out all the stops to ensure that the event leaves a lasting legacy for swimming in the city.

A world class aquatic facility is being built in Maputo by Myrtha Pools. The two 50m heated facilities will be one of the best swimming facilities on the continent.



Sam Ramsamy discussing technical requirements of the AAG facility with the Maputo Construction team and Mozambique Swimming Federation

IV President Jace Naidoo and Secretary Shaun Adriaanse conducted a site visit at the request of the National Olympic Committee and the AAG Organising Committee.

The project schedule was reviewed and the construction team confirmed that the pool should be ready by end of July.

In preparation for the event the Mozambique Federation will be hosting a Technical Officials

training course to prepare local officials for the event.

This event will lay a solid foundation for swimming in Mozambique. The federation signed a partnership agreement with Swimming South Africa to assist with the development of swimming in the country and ensure that the facility is fully utilized following the AAG.

“The two 50m heated facilities will be one of the best swimming facilities on the continent.”



Maputo - Working around the clock to get the Swimming Pool ready for the All Africa Games

A CANA delegation led by the General Secretary Sam Ramsamy, Daphne Bird and the Zone



Zone 4

Important Information

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CANA Zone 3 & 4 Swimming Championships Hosting:

2012 Mozambique
2013 Zambia
2014 Angola/Uganda
2015 Angola/Mauritius
2016 Lesotho

**Please send any important information that you would like us to include from your Federation e.g. Championship dates, meets and so forth.*

Housekeeping & Important Information

Zone IV Strategy

Vision

To remain the most active and competitive region in CANA and establish a solid foundation, producing world class athletes.

Objectives

1. Improve the number of qualifiers that can participate at the major regional, continental and international events.
2. Increase the number of countries that participate at CANA and FINA events
3. Strengthen the administration, technical coaching and officiating skills in the region
4. To develop and strengthen grassroots programmes in member countries
5. To facilitate the development of Infrastructure
6. To develop and implement Marketing strategies that grow the Zone 4 brand

Zone IV Calendar

2011

- | | |
|-----------------|---|
| 16 Jul - 25 Jul | 14th FINA World Swimming Championships (Shanghai, China) |
| 16 Aug - 21 Aug | 3rd FINA World Junior Swimming Championships (Lima, Peru) |

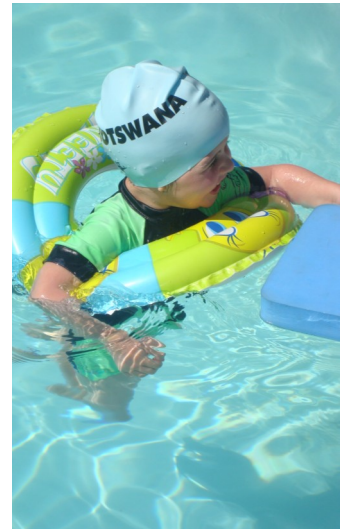
2012

- | | |
|-----------------|---|
| 25 Apr - 29 Apr | CANA Zone 3 & 4 Swimming Championships (Maputo, Mozambique) |
| 27 Jul - 12 Aug | XXX Olympiad - London 2012 Olympic Games (London, UK) |
| 29 Aug - 09 Sep | Paralympic Games (London, UK) |

CANA Zone IV Annual General Meeting 2011

Summary of main decisions reached at the 2011 meeting:

1. New date for CANA Zone 3 & 4 Swimming Championships was agreed on. This meet will now fall within the last two weeks of April each year. 2012 date has been set for the 25th to 28th April in Mozambique.
2. CANA Zone 4 TSC was formed to ensure uniformity of competition within the Zone as well as standard at which the competitions must be run. This committee will be responsible for the keeping of records - aquatic and administrative (i.e. qualified technical officials within the region)
3. CANA Media & Marketing Committee was formed to look at the exposure of our region and the development of its main event, with the view to finding sponsors and maximum media coverage of all events within our zone.
4. The annual Malawi Open Water Swim will become the platform at which we will compete at Zonal level for the region.
5. Zone 4 Team Selection Criteria will be put into place from which swimmers may have the opportunity to compete at inter-zonal level and/or receive zonal colours and recognition, funding dependant.



'Swimming' - a life skill

A sign of things to come as swimming develops within Zone 4